

Sub
A2

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	38.5	12.5	25	65	0.1	3.2	0.95
Gender	1.2	0.4	1	2	0.0	0.0	0.99
Marital Status	1.8	0.8	1	3	0.2	1.5	0.98
Education	15.2	2.1	10	20	0.3	2.8	0.96
Income	1200	300	500	2500	0.4	3.5	0.97
Occupation	2.5	1.2	1	4	0.1	1.8	0.99
Health Status	1.5	0.5	1	3	0.0	0.5	0.99
Stress Level	3.2	1.1	1	5	0.2	2.5	0.98
Life Satisfaction	4.1	0.9	3	5	0.1	1.2	0.99
Resilience	2.8	0.7	2	4	0.0	0.8	0.99
Optimism	3.5	0.8	2	4	0.1	1.5	0.98
Emotional Stability	3.8	0.6	3	4	0.0	0.5	0.99
Self-Esteem	3.6	0.7	2	4	0.1	1.2	0.98
Life Purpose	3.9	0.8	3	4	0.0	0.8	0.99
Gratitude	3.7	0.7	2	4	0.1	1.2	0.98
Forgiveness	3.4	0.6	2	4	0.0	0.8	0.99
Resilience	2.8	0.7	2	4	0.0	0.8	0.99
Optimism	3.5	0.8	2	4	0.1	1.5	0.98
Emotional Stability	3.8	0.6	3	4	0.0	0.5	0.99
Self-Esteem	3.6	0.7	2	4	0.1	1.2	0.98
Life Purpose	3.9	0.8	3	4	0.0	0.8	0.99
Gratitude	3.7	0.7	2	4	0.1	1.2	0.98
Forgiveness	3.4	0.6	2	4	0.0	0.8	0.99